

# Unlock Your Healthiest Self: Start Your Weight Loss Journey Today!



Dr. Sandra Luyindula

## WHAT'S INCLUDED IN YOUR PROGRAM:

- Expert Consultation for a Personalized Plan
- Delicious Recipes & Meal Plans
- Protein Supplements Available
- Initial Lab Testing
- Ongoing Support by Our Professional Team

Weight Loss Medication  
(if appropriate & billed separately)

[www.TheWell-MD.com](http://www.TheWell-MD.com)

### FEES (MEMBERS)

- Consultation Fee Waived
- Initial Labs: \$70
- \$100/mo. Includes monthly weight management visits, support and ongoing resources
- Medication Management: Medications through pharmacy paid separately. Cash-pay medication starts at \$200/month (based upon dosage)

### FEES (NON-MEMBERS)

- Consultation: \$350
- Initial Labs: \$70
- \$175/month: Monthly weight management visits, support, and ongoing resources
- Medication Management: Medications through pharmacy paid separately. Cash-pay medication starts at \$200/month (based upon dosage)

## What's Included in Your Program:

- **Expert Consultation for a Personalized Plan:** Work with our experienced physician to create a customized weight loss strategy that fits your lifestyle, goals, and medical needs.
- **Delicious Recipes & Meal Plans:** Enjoy access to tailored meal plans and recipes that make healthy eating simple, satisfying, and delicious.
- **Protein Supplements Available:** Variety of high-quality protein supplements available to support your nutrition needs and keep you feeling full and energized.
- **Initial Lab Testing:** Labs drawn in our office, no need for an additional appointment.
- **Ongoing Support by Our Professional Team:** Stay motivated and on track with continuous support from our dedicated team of weight loss professionals.

Weight Loss Medication (if appropriate & billed separately or filed with your insurance company if coverage applies)



*Dr. Luyindula earned her Bachelor's in Biology Premed with minors in Chemistry and French from Xavier University of Louisiana. She then attended Ross University School of Medicine. She completed her family residency at Greenville Health System, where she received the Greenville Health System Gold Award.*

*Dr. Luyindula is double board-certified in Family Medicine and Lifestyle Medicine. She enjoys providing primary care for patients of all ages and making house calls for her patients. She has a particular interest in women's health and lifestyle medicine. What she loves about practicing medicine is her connection with her patients and the ability to cheer them on as they work to achieve their various goals.*

## Direct Primary Care Membership:

- Personalized & Extended Visit
- Preventive & Acute Care Visits
- Minor Procedures
- Chronic Disease Management
- Immigration Medical Exam Appointment
- DOT Physical Exam
- Lactation, Aesthetics & Ear Piercing



**The Well MD**

30 Parkway Commons Way, Greer, SC 29650

(864) 387-7409